

Recreational Rules for Small Sided Games

Sebastian Soccer Association
www.sebastiansoccer.com



Law I - The Ball

1. U6 & U8 will use size #3 ball
2. U10 will use size #4 ball
3. U12, U14/15 will use size #5 ball

Law II - Number of players

1. U6 = 4 vs 4 4 players on field without a goalkeeper
2. U8 = 6 vs 6 6 players on field without goal keeper until second half (introduce goalkeeper)
3. U10 = 7 vs 7 7 players on field including a goalkeeper
4. U12 = 8 vs 8 8 players on field including a goalkeeper
5. U 14/15 = 10 vs 10 (11 if have) 10 players on field including a goalkeeper

SUBSTITUTIONS ARE ALLOWED AT ANY STOPPAGE OF PLAY

PLAYERS MUST PLAY A MINIMUM OF 50% OF THE GAME (unless injury or discipline)

Law III - Players Equipment

1. All players must wear shin guards
2. no jewelry allowed unless medical notification emblem (must be taped to player)
3. No metal cleats or baseball cleats allowed, must be rounded soccer cleats. tennis shoes allowed but not recommended
4. Uniform shirt must be worn and goalies must have different color shirt for referees to identify

Law IV - Duration of game

1. U6 will play 8 minute quarters/2min water break/5 minute half time (four 8 minute quarters with 5 inute half time after second quarter)
2. U8 will play 10 minute quarters/2min water/5 min halftime (four 10 minute quarters with 5 minute half after second quarter)
3. U10 will play 12.5 minute quarters /2min water/5min half (four 12.5 minute quarters with 5 minute half after second quarter)
4. U12 will play 15 minute quarters/2 min wtaer/5 minute half (four 15 minute quarters with 5 minute half after second quarter)
5. U14/15 will play two full 20 minute halves with 6 minute halftime

U6 WILL NOT Change sides after half

U8, U10, U12, U14/15 will all change sides of field after halftime

Law V - Ball in and out of play

1. The ball is out of play when: The whole ball has crossed the goal line or touch line weather on the ground or in the air.
2. The ball is out of play when it has been stopped by a referee
3. The ball is IN play at all other times

Law VI - Method of scoring

1. No goal may be scored from your half of the field
2. No goal may be scored if touched in the arch/box (U6 & u8 only)
3. No goal may be scored directly from an indirect kick, the ball must touch another player before entering the goal
4. The ball must completly cross the goal line (in the goal) whether on the ground or in the air for a goal to be scored

Law VII - Offsides

1. There shall be no offsides called in u6 & u8
2. Offsides will be called in anything above U8

Law VIII - Free Kicks

1. Will conform to FIFA Laws of the game for u10,u12,u14/15
2. No slide tackles allowed in u6,u8, & u10
3. All kicks will be indirect for u6 & u8: **both indirect & direct for u10 u12 & u14/15**
4. Any attacking player touching the ball in the arch/box for u6 & u8 will result in a indirect free kick for the opposing team. The ball may be placed anywhere in the arch/box
5. Any defensive player touching the ball in the arch/box for u6 & u8 that would have resulted in a penalty kick will be taken from the center mark. Defensive team must be 5 yards away from ball

Law IX - Penalty Kicks

1. No penalty kicks shall be taken in u6 or u8
2. U 10 u12 & u14/15 will have penalty kicks

Law X - Throw in

1. All throw ins will be taken at the point where the ball went out of play over the touchline either on the ground or in the air.
2. Throw ins will be awarded to the opponent of the player who last touched the ball
3. no one may score a goal directly from a throw in (which means they cannot throw the ball into the goal)
4. All opponents must stand No less than 2 yards from the point of throw in

Law XI - Goal Kick

1. Will conform to FIFA laws of the game with the following exceptions;
2. U6 & u8 will be taken from the arch/box

Law XII - Corner Kicks

1. Will conform to FIFA laws of the game